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## Osteo-B Plus®

**Why you may need Osteo-B Plus®:** Bone is a dynamic tissue that requires adequate nutrition for maintenance and growth. Maintaining a healthy balance between bone building osteoblasts and bone dissolving osteoclasts is dependent on adequate supplies of distinct nutrients. Osteoporosis is a condition associated with the abnormal reduction of bone density resulting from the excess loss of bone minerals, most notably calcium, often leading to fractures of the vertebrae and hips. While men are also affected, osteoporosis primarily affects women. The importance of calcium in preventing osteoporosis is well established. Interestingly, published data shows the majority of those suffering from osteoporosis are not necessarily calcium-deficient. Evidence clearly supports the view that multiple nutrients are essential to support a healthy skeletal system.

### **Why your healthcare practitioner recommends Osteo-B Plus® from Biotics Research:**

**Osteo-B Plus®** supplies a wide array of essential and important nutrients to assist in the preservation of existing bone mineral mass and protein matrix and to support repair mechanisms. The comprehensive formula of **Osteo-B Plus®** includes: Calcium, supplied in the highly bioavailable citrate form, which is especially important for those having difficulty absorbing calcium due to conditions associated with low stomach acid (such as hypochlorhydria). Magnesium is necessary for remodeling, and is involved in the conversion of vitamin D to its active hormone form. In osteoporotic women, abnormal mineralization has been correlated with low magnesium levels. Micro-emulsified vitamin D supports calcium absorption. Manganese is included as it is required for the synthesis of connective tissue. Zinc enhances the action of vitamin D and is a co-factor for alkaline phosphatase, an important enzyme found in bone. Copper is a co-factor for the enzyme that forms cross-links between collagen in connective tissue. Boron affects the actions of hormones associated with bone health. Silicon is required for the structural integrity of connective tissue and bone strength. Vitamin K is required for the synthesis of the bone protein that attracts calcium to bone tissue. Other important nutrients contained in **Osteo-B Plus®** include B-Complex vitamins, vitamin C, purified chondroitin sulfate, SOD, and catalase.



### Supplement Facts

Serving Size: 3 Tablets			Servings Per Container: 30		
	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	120 mg	200%	Calcium (as calcium citrate)	500 mg	50%
Vitamin D (as cholecalciferol)	200 IU	50%	Magnesium (as magnesium oxide)	200 mg	50%
Vitamin K (as phytonadione)	65 mcg	81%	Zinc (as zinc gluconate)	5 mg	33%
Thiamin (B1) (as thiamin mononitrate)	1.5 mg	100%	Copper (as copper gluconate)	2 mg	100%
Riboflavin (B2)	1.7 mg	100%	Manganese (as manganese gluconate)	5 mg	250%
Niacin (as niacinamide)	20 mg	100%	Purified Chondroitin Sulfates (bovine)	200 mg	*
Vitamin B6 (as pyridoxine HCl)	2 mg	100%	Boron (as calcium borogluconate)	3 mg	*
Folate (as calcium folinate)	400 mcg	100%	Sugarane Extract (Saccharum officinarum) (shoot)	30 mg	*
Vitamin B12 (as methylcobalamin)	6 mcg	100%			
Biotin	300 mcg	100%			
Pantothenic Acid (as calcium pantothenate)	10 mg	100%			

**Other ingredients:** Stearic acid (vegetable source), modified cellulose gum and magnesium stearate (vegetable source).

**RECOMMENDATION:** Three (3) tablets each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Not recommended for pregnant women.

**KEEP OUT OF REACH OF CHILDREN**

Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.