



EFA-Sirt Supreme®

Why you may need EFA-Sirt Supreme®: Both cardiovascular health and blood lipid profiles are of increasing concern to many people. For optimal health, lifestyle modification may not be enough, and a variety of strategic supplementation may be warranted. **EFA-Sirt Supreme®** supplies a unique, highly concentrated essential fatty acid blend, providing an extremely effective relative combination of EPA, DHA and GLA, with all natural mixed tocopherols, specially formulated to be high in γ -Tocopherol. A large amount of supportive scientific research shows that the consumption of Eicosapentaenoic acid (EPA) and Docosahexaenoic acid (DHA) Omega-3 fatty acids may reduce the risk of coronary heart disease. Omega-3 fatty acids have been shown to affect platelet aggregation, blood viscosity, plasma levels of fibrinogen, PF4 and beta-thromboglobulin and capillary flow. These effects are believed to be functions of membrane fluidity. Omega-3 fatty acids support healthy blood lipid profiles, normal healthy blood pressure, stimulate Nitric Oxide (NO) and support healthy, normal blood sugar and insulin levels. Omega-3 fatty acids help to suppress ACE, TGA beta, SREBP and function as PPAR agonists. Additionally, Omega-3 fatty acid supplementation increases fatty acid oxidation, which research suggests helped to decrease adipose tissue and serves to improve endothelial function. DHA is not only essential for neural function, but it is an important component of cell membranes and supports normal healthy blood pressure. DHA is converted by several mechanisms into docosatrienes and resolvins, which have anti-inflammatory properties. According to the research, their activity may very well be due to the fatty acids effects modifying genetic expression. Gamma linolenic acid (GLA), the good Omega-6 fatty acid, is elongated to DGLA, the biologically active form from which eicosanoids are derived. DGLA metabolites reduce the formation of arachadonate-derived prostaglandins, leukotrienes, plateletactivating factors, and supports normal healthy blood pressure. Collectively, this superior combination of essential fatty acids provide a balance of key nutrients that current research has shown to support healthy cardiovascular function.

Why your healthcare practitioner recommends EFA-Sirt Supreme® from Biotics Research: Following several years of research and clinical evaluations, Dr. Mark Houston, Associate Clinical Professor of Medicine at Vanderbilt Medical School and Director of Hypertension Institute and Vascular Biology in Nashville, in conjunction with scientists at Biotics Research Corporation, developed a unique essential fatty acid supplement: **EFA-Sirt Supreme®**. Each serving of **EFA-Sirt Supreme®** supplies, on average, 750 mg of GLA, 900 mg of EPA, and 600 mg of DHA, making it a superior fatty acid supplement and an ideal stand alone product or adjunct to **VasculoSirt®**, **ResveraSirt-HP®**, and **CoQ-Zyme 30™**. This unique EFA blend is available exclusively through Biotics Research Corp. As always, Biotics Research Corporation brings you "The Best of Science and Nature".



Supplement Facts

Serving Size: 6 Capsules	Servings Per Container: 30	
	Amount Per Serving	% Daily Value
Calories	80	
Calories from Fat	70	
Total Fat	7 g	11% †
Saturated Fat (not more than)	1 g	5% †
Polunsaturated Fat (not less than)	4.5 g	-
Monounsaturated Fat (not less than)	1.5 g	-
Cholesterol	15 mg	5% †
Protein	2 g	4%
Vitamin E	50 IU	167%
d-Gamma tocopherol	216 mg	-
d-Delta tocopherol	86 mg	-
d-Alpha tocopherol	50 mg	-
d-Beta tocopherol	7 mg	-

* Daily Value not established

† Percent Daily Values based on a 2,000 calorie diet

Other ingredients: Borage oil, concentrated fish oil, mixed tocopherol concentrate, capsule shell (gelatin, glycerin, water and carob).

Contains ingredients derived from Sardine and Anchovy.

Each serving of EFA-Sirt Supreme™ supplies on average:

GLA (Gamma-Linolenic acid)	750 mg
EPA (Eicosapentaenoic acid)	900 mg
DHA (Docosahexaenoic acid)	600 mg

RECOMMENDATION: Six (6) capsules each day as a dietary supplement or as otherwise recommended by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN
Store in a cool, dry area.
Sealed with an imprinted safety seal for your protection.

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