



Ca/Mg-Zyme™ Caps

Why you may need Ca/Mg-Zyme™ Caps: Calcium and Magnesium in certain proportions are both needed for many biological functions in the body particularly bone health. Together they are needed for the maintenance and rebuilding of bone. Calcium and magnesium deficiency are common in the United States. Poor calcium levels can lead to osteoporosis which is a decrease in bone mass. It is one of the most common age related health concerns in this country and leads to a dramatic increase in fractures among the elderly. Studies have also shown that increased intake of calcium and magnesium has been shown to accelerate healing of breaks and fractures at any age. Additionally low calcium and magnesium levels are known to cause muscle spasms and cramping. Calcium and magnesium supplementation can also be useful for treating skin lesions and itching of the skin.

Why your healthcare practitioner recommends Ca/Mg-Zyme™ Caps: Ca/Mg-Zyme™ Caps are a source of calcium citrate and magnesium citrate in a 5 to 1 ratio (5 parts calcium to 1 part magnesium). This ratio is based on how calcium and magnesium should be found in blood serum. Calcium citrate is known to be one of the most bio-available sources of calcium. This, combined with the fact that it is loosely packed in a capsule, allows for easier absorption through the gut wall, even for the elderly. This makes **Ca/Mg-Zyme™ Caps** extremely effective for short or long-term use. Another fine example of the type of quality and reliability that has come to be expected from Biotics Research Corporation, bringing you "The Best of Science and Nature".



Supplement Facts

Serving Size: 3 Capsules

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Calcium (as calcium citrate)	350 mg	35%
Magnesium (as magnesium citrate)	70 mg	18%

Other ingredients: Capsule shell (gelatin and water), cellulose and magnesium stearate (vegetable source).

RECOMMENDATION: One (1) to three (3) capsules each day as a dietary supplement or as otherwise directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.

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For more information on Ca/Mg-Zyme™ Caps, please contact your healthcare provider