



Bio-3B-G®

Why you may need Bio-3B-G®: As the number of people with diabetes has skyrocketed over the past 20 years, the strong relationships between blood sugar levels and many chronic conditions previously thought to be purely age-related become much clearer. The link seems to be the total lifetime exposure to blood sugar. In other words, diabetics develop problems sooner because of their chronic higher sugar levels. Studies of diabetic patients have shown that prolonged tissue exposure to elevated sugar levels results in the production of molecules called "advanced glycation end products" (AGEs). These molecules are well known for their destructive activities in diabetes, where they contribute to vascular disease, kidney failure, eye damage, and other kinds of dysfunction, including the nerve damage known as diabetic peripheral neuropathy. In fact it's not just diabetics who are affected—AGE's can also occur in people without known diabetes or insulin resistance. A growing number of studies are now demonstrating links between levels of AGEs in the blood of non-diabetics and major risk factors for atherosclerosis and heart disease. One of the most important natural anti-AGE compounds is vitamin B1, or thiamine. Thiamine is a well-known nutrient that has a myriad of roles throughout the body, particularly in maintaining the healthy, normal functioning of nerve cells. But more importantly, researchers have discovered thiamine to be the predominant B vitamins that blocks the production of AGEs, as well as prevents associated free radical damage to DNA, cells, tissues and organs, which in turn can potentially prevent many chronic age related diseases. These studies also suggest that B1 may improve glucose tolerance and retard arterial blockages, especially in diabetics.



Why your healthcare practitioner recommends Bio-3B-G®:

Thiamine (B1) is also needed to process carbohydrates, fats and protein, make the fuel the body runs on, proper muscle tone for the stomach, intestines and heart, blood formation, circulation and optimize cognitive function. **Bio-3B-G®** contains 4.5mg (300%) of the RDA of highly bioavailable phosphorylated Thiamine. You should never use high doses of any single B-vitamin if there are not adequate levels of all the B-vitamins in the body therefore, Biotics Research combines 100% of the RDA of all the other necessary B-vitamins in **Bio-3B-G®** to assure the best results. Also, digestive and antioxidant enzymes, vitamin C, taurine and organic beet concentrate are added to help support normal cholesterol to bile acid conversion and healthy bile flow. This is the kind of ingenuity your healthcare practitioner has come to expect from Biotics Research Corporation.

*For more information on Bio-3B-G®,
please contact your healthcare provider*

Supplement Facts		
Serving Size: 3 Tablets	Servings Per Container: 60	
	Amount Per Serving	% Daily Value
Thiamin (B1) (as cocarboxylase chloride)	4.5 mg	300%
Riboflavin (B2) (as riboflavin-5-phosphate)	1.7 mg	100%
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxal-5-phosphate)	2 mg	100%
Folate (as calcium folinate)	400 mcg	100%
Vitamin B12 (as methylcobalamin)	6 mcg	100%
Biotin	300 mcg	100%
Pantothenic Acid (as calcium pantothenate)	10 mg	100%
Superoxide Dismutase (from vegetable culture †)	60 mcg	*
Catalase (from vegetable culture †)	60 mcg	*

*Daily Value not established
Other Ingredients: Cellulose, stearic acid (vegetable source), food glaze and magnesium stearate (vegetable source).
† Specially grown, biologically active vegetable culture containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

RECOMMENDATION: One (1) to three (3) tablets three (3) times each day as a dietary supplement or as otherwise recommended by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN
Store in a cool, dry area.
Sealed with an imprinted safety seal for your protection.

NDC #55146-01137 Rev. 09/11