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## Aqueous Multi-Plus™

**Why you may need Aqueous Multi-Plus™:** For the human body to complete all the tasks it has in a normal day, it must be given a wide and complex variety of vital nutrients. Taking a broad-spectrum multivitamin/multi-mineral formula may help ensure the presence of those essential nutrients necessary for thousands of metabolic reactions. A deficiency in any one essential vitamin or mineral causes breakdown of metabolic pathways and leads to decreased performance in energy, strength and cognitive functions and presents the very real danger of illness. Your body cannot make its own vitamins - you must get them through the food you eat. This holds particularly true for children who have greater demands for these nutrients as they are still growing and developing. Your child would need to consume at least 5-7 servings of fruits and vegetables a day to fulfill this requirement. For many different reasons, very few children can get all the vitamins they need from their diet. Additionally recent reports have shown that most fruits and vegetables today contain 50% to 75% less vitamins and minerals than they did 40 years ago, suggesting that the 5-7 servings actually needs to be doubled or even tripled. What child is capable of this? In view of all this, in 2002 the American Medical Association recommended that everyone should supplement with a daily multi-vitamin to guarantee that they get all the vitamins and minerals needed to stay healthy as they age.

### Why your healthcare practitioner recommends Aqueous Multi-Plus™ from Biotics Research: Aqueous Multi-Plus™

is a great tasting, easy to take liquid, multivitamin mineral formula with all the essential B vitamins (except folic acid), vitamins A, C, D and E with calcium, magnesium and other minerals. It is highly suitable for children and those adults who have difficulty swallowing tablets or capsules. **Aqueous Multi-Plus™** exemplifies the type of innovation, consideration and quality you and your healthcare professional can expect from Biotics Research Corporation.



### Supplement Facts

Amount Per Serving		% Daily Value for Children Under 4 Years of Age †	% Daily Value for Adults and Children 4 or more Years of Age †
Calories	25		
Total Carbohydrates	6 gm		2%
Sugars	<1 gm		*
Vitamin A (as retinol palmitate)	5,000 IU	200%	100%
Vitamin C (as ascorbic acid)	120 mg	300%	200%
Vitamin D (as cholecalciferol)	400 IU	100%	100%
Vitamin E (as d-alpha tocopheryl acetate)	30 IU	300%	100%
Thiamin (B1) (as thiamin HCl)	1.5 mg	215%	100%
Riboflavin (B2) (as riboflavin-5-phosphate)	1.7 mg	213%	100%
Niacin (as niacinamide)	20 mg	223%	100%
Vitamin B6 (pyridoxine HCl)	2 mg	286%	100%
Vitamin B12 (as cyanocobalamin)	6 mcg	200%	100%
Biotin	300 mcg	200%	100%
Pantothenic Acid (as calcium pantothenate)	10 mg	200%	100%
Calcium (as calcium lactate and gluconate)	25 mg	3%	3%
Magnesium (as magnesium lactate)	10 mg	5%	3%
Zinc (as zinc gluconate)	15 mg	188%	100%
Selenium (as selenomethionine and sodium selenite)	25 mcg	*	36%
Copper (as copper gluconate)	0.5 mg	50%	25%
Manganese (as manganese gluconate)	0.3 mg	*	15%
Chromium (as chromium chloride)	50 mcg	*	42%
Molybdenum (as sodium molybdate)	10 mcg	*	14%
Potassium (as potassium citrate)	75 mg	*	2%
Stevia rebaudiana extract (leaf)	10 mg	*	*

\*Daily Value not established  
† Percent Daily Values based on a 2,000 calorie diet

**Other ingredients:** Purified water, Glycerine, Fructose, Citric acid, Xanthan, Natural flavors, Potassium sorbate (as a preservative). Contains no MSG.

**Recommendation:** One serving (1 tsp.) for adults and children 4 or more years of age and one-half serving (1/2 tsp.) for children under 4 years of age each day as a dietary supplement or as otherwise directed by a healthcare practitioner.

Shake well before using

**KEEP OUT OF REACH OF CHILDREN**

Store in a cool area away from direct light.  
Sealed with an imprinted safety seal for your protection.

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*For more information on Aqueous Multi-Plus™,  
please contact your healthcare provider*

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.